

# ACRON



## ACROBATS & CONTORTIONISTS

### Acrotot Registration and Entry Form 2022 ANNEXURE A

Acrobat Information	
Name and Surname	Date of Birth

Parent/ Guardian Responsible for Account	
Name and Surname	
Contact Details	Email Address
Physical Address	

Registration and Class Fee Election	
Registration	R 280.00
One Class per Week	R 300.00
Two Classes per Week	R 500.00
Additional Classes	R 120.00 per Class

Medical Information	
Doctor	
Pre-existing medical conditions/ previous operations/ injuries	
Allergies	
Medication Used	

Contact in Case of Emergency	
Name and Surname	
Relationship	
Contact Details	
Physical Address	

Transfer from Previous Studio	
Name of Studio	
Instructor	
Contact Details	
Grading	

Consent	
Please note that photos and videos of the acrobat will only be shared with the parents of the acrobat via WhatsApp, unless permission has been given to make use of photos and videos for marketing purposes	
Photos and videos may be taken of my child	
Photos and videos may NOT be taken of my child	

Date of Registration	
Signature of Parent/ Guardian	

Dear Parent,

Acrobatics is a highly disciplined sport.

Scouting and development of young acrobats is best advised at an early age, normally at the age of 3+. Due to the very nature of acrobatics, it is important to acknowledge that acrobatics will specifically develop fine and gross motor skills. These motor skills form the base line for further development of

1. Flexibility
2. Balancing Skills
3. Strength
4. Coordination
5. Cooperation
6. Endurance
7. Overall Body Control

It can therefore be seen that the fundamentals of a good foundation are vitally important to the development of all the above.

It is a well-known statistical fact that the development of motor skills at an early age stimulates mental abilities and growth.

Acron is AFSA (Acrobatic Federation of South Africa) affiliated. This means that students have the opportunity to complete examinations from the level White (beginners' level) to Advanced teachers (highest level), which can give them the opportunity to affiliate with AFSA and teach acrobatics themselves one day.

Acrobats who enrol through school will get the opportunity to complete the following beginner examinations: White, Pink, Blue, Orange and Yellow. These acrobats may transfer and register at the Acron Studio and complete their examinations once they graduate at their school. Examinations take place in the month of October at the Acron Studio in Hennopspark. An examiner allocated by AFSA will examine the acrobats in groups of two to four where they will receive a report, certificate and medal. Acrobats must wear the Acron attire (leotard and tracksuit) with a neat high bun, no jewellery and clean feet. Parents are not allowed to spectate.

Acron is also SAGF (South African Gymnastics Federation) affiliated. This means that students have the opportunity to participate in Club competitions, Gauteng North Championships, as well as SA National Championships. Through participation and qualifying marks, students can receive full colours for which they can get accreditations at their school (Primary and High school level).

Acrobats who have transferred to the Acron Studio may register and compete at Acron's club competition where they may qualify to compete at Gauteng North, Interprovincial and the South African Championships.

I also give my students opportunities to compete in competitions such as Dance world cup; Dance star; Dance fusion; American Dance awards; Beyond 2000 etc. These competitions provide students to compete internationally if they qualify and choose to do so.

Acron prides itself in providing students with individual attention. We believe that each and every student is unique with his/her own unique strengths and abilities and we aim to utilise and expand these abilities in order for students to reach their full potential.

Even though acrobatics is mostly regarded as an individual sport, we at Acron are still a team and support each other as a team. Our students are expected to adhere to strict rules and regulations and maintain a neat appearance when attending classes as well as competitions, but we also have a lot of fun together.

Acrobats receive a progress report mid-year and a certificate at the end of the year.

We hope to welcome you to the Acron team very soon.

Warmest Acrobatic Regards

Larize

Founder, Owner and Head Coach of Acron Acrobats

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### 2022 Important Dates

<b>Registration:</b>	5 January 2022 Send your registration form with your proof of payment (ref: acrobat name and surname) to <a href="mailto:acronacrobat@gmail.com">acronacrobat@gmail.com</a>
<b>Start of Classes:</b>	Monday, 17 January 2022
<b>1<sup>st</sup> Club Competition:</b>	Friday, 4 February 2022
<b>2<sup>nd</sup> Club Competition:</b>	Friday, 22 April 2022
<b>Gauteng North:</b>	May 2022
<b>Interprovincial:</b>	June 2022
<b>SA National:</b>	July 2022
<b>AFSA Examination:</b>	October 2022

### Studio Rules

- Arrive on time
- Wear your mask and sanitise your hands and feet at the door
- **All acrobats MUST wear black leotards to class with a neat hair bun**
- Make sure you have clean feet
- No parents are allowed in the studio

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## Acron Acrobatic Attire

### Jersey

Available at Acron  
Send an email to  
[acronacrobats@gmail.com](mailto:acronacrobats@gmail.com)  
to order



**Hair**  
Neat hair bun



**Clean Feet**



### Leotard

Available at Dancworx  
7&8 Doringkloof Mall,  
Protea St & Lupin Ave,  
Doringkloof, Pretoria  
012 667 5806